

Autistic adult social group facilitator role



Role title	Autistic adult social group facilitator
Why we need you	<p>Autism is a lifelong disability that affects the way a person communicates with and relates to people around them. It can be difficult for autistic people to interact with others and form social relationships.</p> <p>Social groups are a great way to give autistic people an opportunity to improve their confidence and self-esteem, and reduce isolation through spending time with others in a group setting and accessing social activities in the community. The autistic adult social group facilitator would initiate and organise these group activities.</p>
What you will be doing	<ul style="list-style-type: none">• Initiate contact with autistic adults to form a social group.• Promote social interaction through the planning, organising and facilitation of adult social group activities, such as going for a walk, trips to the pub or for a meal, ten-pin bowling, etc.• Be a point of contact and liaise with the group via email/social media/phone.• Attend support group activities.• Advertise and promote the group's activities.• Book the venues and make payments.• Build positive relationships with the group members to ensure that the members feel safe and comfortable.
Skills, experience and qualities needed	<ul style="list-style-type: none">• Ability to listen and involve others in the group.• Ability to organise and plan.• An understanding of autism.• Empathy and understanding.• Open-minded and willing to learn.• Good communication and interpersonal skills.• Volunteering in a spirit of non-discrimination.• Ability to volunteer as part of a team.• Reliable, consistent, dependable and trustworthy.

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When and where	<ul style="list-style-type: none"> • Flexibility on days and the amount of time committed to the role. Generally, group activities to take place once a month.
What you could get out of the role	<ul style="list-style-type: none"> • Improve support to people on the autism spectrum and their families in your local area. • Access free training and learn new skills. • Meet new people. • Gain experience in the voluntary sector. <p>We seek applications from anyone interested in the role, but particularly welcome applications from those on the autism spectrum.</p>