

# Evaluating the success of your adult peer support group

You may be asked to evaluate the success of the group in order to secure future funding.

Here are some suggestions that you may wish to consider.

## 1. Monitor the numbers attending the group



- Keep a log of the numbers of members attending the group.
- Is it the same people attending the group each time?
- Have you asked for feedback from people who are no longer attending the group?

## 2. Has the group developed or gained any new skills?



This will depend on the nature of the group, but also consider whether members have experienced:

- an increase in social opportunities and activities
- improved social confidence
- a wider range of social experiences.

### 3. Getting feedback from the group to evaluate enjoyment and atmosphere



Ask the members if they would be happy to:

- complete self-evaluation questionnaires
- provide verbal feedback
- be in photographs.