

Let's Learn About Autism

For 8-11 year olds



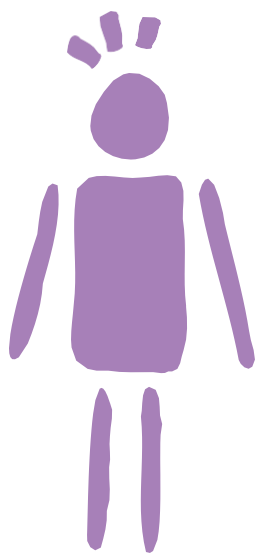
Join us to share knowledge & acceptance during World Autism Acceptance Month 2025



We are all different



People are all different





Autism
Education
Trust

Section 1

Brains are all different

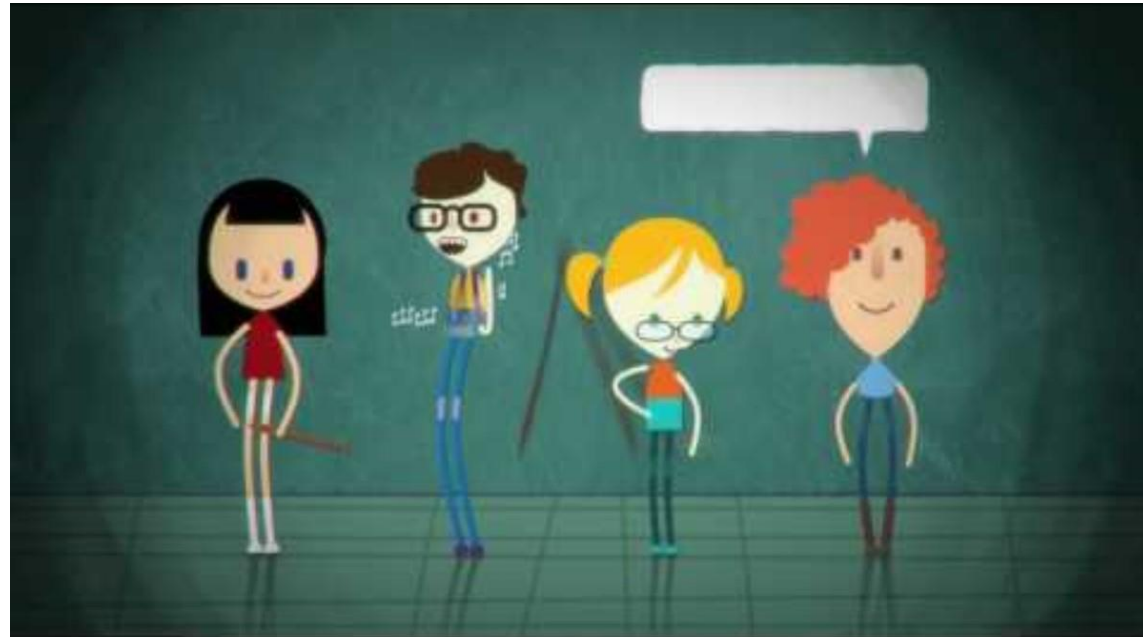




What do we mean by difference?

Watch this video

“Amazing things can
happen” by Alexander
Amelines:



About Autism



You can't see if someone is autistic.



Autism means that someone's brain works a little differently.



Just like it says in the video, each autistic person is different.



Autistic people have different strengths and may need more help at other things.

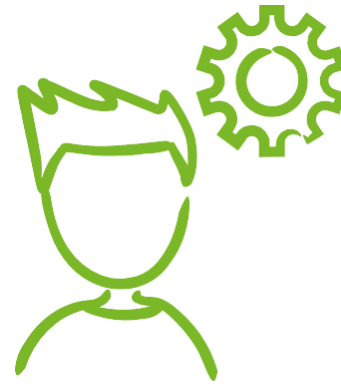


Autism – The Differences



Differences in communication and behaviour

Some autistic people find using words difficult.



Differences in thinking and understanding

Some autistic people get upset by changes to their daily routine.



Differences in senses

Some autistic people get overwhelmed by loud noises, strong smells or bright lights.



Thinking about our differences



Some people really enjoy maths. Some people don't.



Some people really like listening to pop music. Other people like jazz music.



Some people are really good at drawing. Other people find drawing hard.





Thinking about our differences



What makes you happy? What do you do when you're happy?




What makes you sad or worried? What do you do when you're sad or worried?




What is the thing you are best at?





Making friends at school

 We know that difference is great, but sometimes it can be hard when you think differently.

 It can make you worried about making friends.



 It can be hard if you don't like the same things as other people.

 It can make you feel like no-one wants to play with you.



Autism
Education
Trust

Section 2

Amazing things can happen

Watch this video

“Amazing things can happen” by Alexander Amelines:





How can we be better classmates?



How can we be kind
to one another?



How can we
support each other?



How can we support our
autistic classmates?





Learning Scenarios

Scenario 1

A boy at school hardly talks and doesn't make eye contact. He stays on his own during playtime. He has tried to join in games before but his classmates laughed.



How could you help?



Learning Scenarios

Scenario 2

A young girl doesn't like eating in the lunch hall. She often gets very upset and experiences extreme overwhelm.



How could you help?



Learning Scenarios

Scenario 3

A child finds it difficult to sit and focus for more than 20 minutes on the whiteboard in class.

He starts to make noises and cover his ears with his hands.



How could you help?



Learning Scenarios

Scenario 4

During circle time, a child never joins in when it is their time to speak or get involved. They are too shy to say anything in the group and choose to stay quiet.



How could you help?



For autism training, information and resources, visit:



www.autismeducationtrust.org.uk and

www.autism.org.uk



Autism
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