

# Let's Learn About Autism

For 4-7 year olds



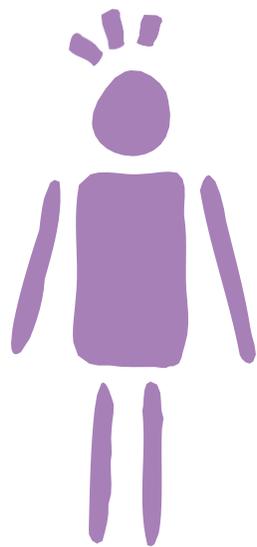
Join us to share knowledge & acceptance during World Autism Acceptance Month 2025



# We are all different



# People are all different



# Brains are all different





## Introducing Pablo

Watch this video of  
Pablo talking to his  
friends about how  
they see the world:





## About Pablo

 Pablo is autistic.  
He sees the world  
in a different way.





## About Pablo



You can't see if  
someone is autistic.





## About Pablo

Autism means that  
someone's brain  
works a little  
differently.





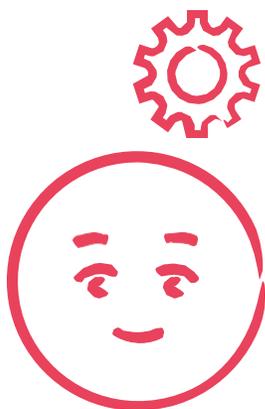
## About Pablo

Just like the characters in Pablo, each autistic person is different. Autistic people have different strengths and need help with different things.





## Autism – The Differences



### Differences in communication and behaviour

Some autistic people find using words difficult.



### Differences in thinking and understanding

Some autistic people get upset by changes to their daily routine.

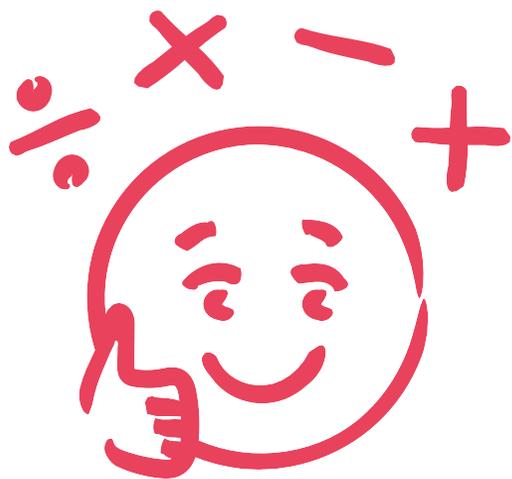


### Differences in senses

Some autistic people get overwhelmed by loud noises, strong smells or bright lights.

## What differences are there?

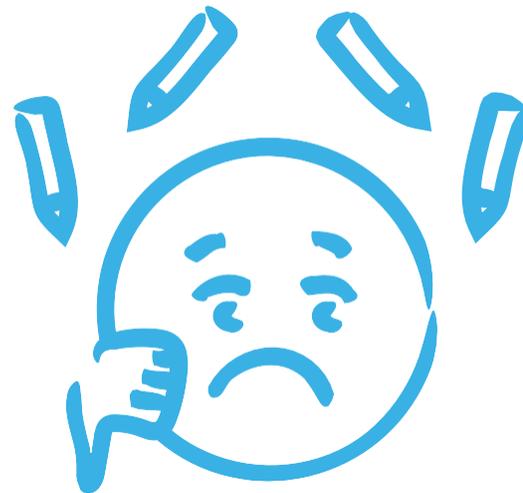
I really enjoy Maths but Miss Smith doesn't.





## What differences are there?

Miss Smith is really good at drawing.  
I find drawing hard.





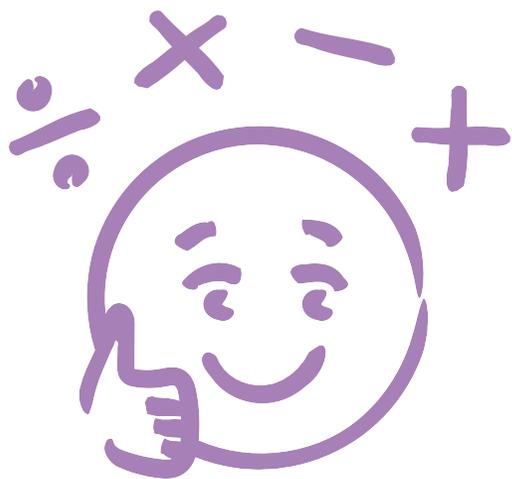
## What differences are there?

I really like listening to pop music.  
Mr Jones likes jazz music.



## Thinking about our differences

Some people really enjoy Maths. Some people don't.





## Thinking about our differences

Some people are really good at drawing.  
Other people find drawing hard.





## Thinking about our differences

Some people really like listening to pop music.  
Other people like jazz music.





## Thinking about our differences

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What makes you happy?  
What do you do when you're happy?





## Thinking about our differences

What makes you sad or worried?  
What do you do when you're sad or worried?



## Thinking about our differences

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What is the thing you are best at?





## Making friends at school

We know that difference is great, but sometimes it can be hard when you think differently.





## Making friends at school

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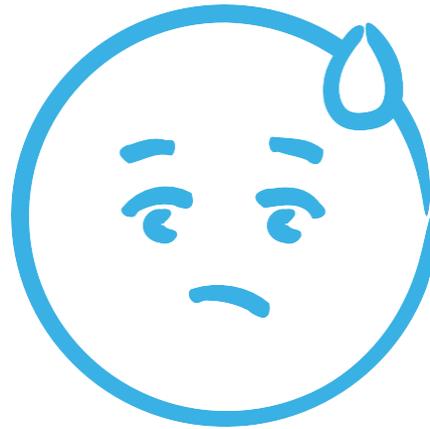
You might worry about making friends.





## Making friends at school

It can be hard if you don't like the same things as other people.





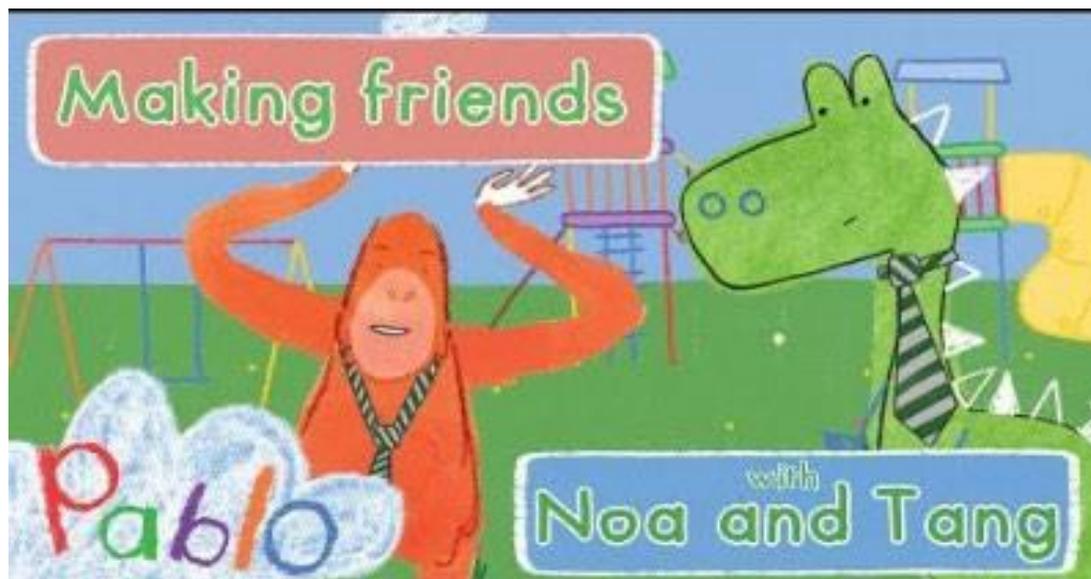
## Making friends at school

You might feel like no-one wants to play with you.



## Pablo and his friends

Watch this video of  
Pablo talking about  
his friends about how  
they see the world:





## How can we be better classmates?

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How can we be kind to each other?





## How can we be better classmates?

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How can we support each other?

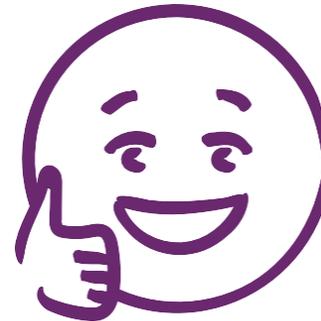
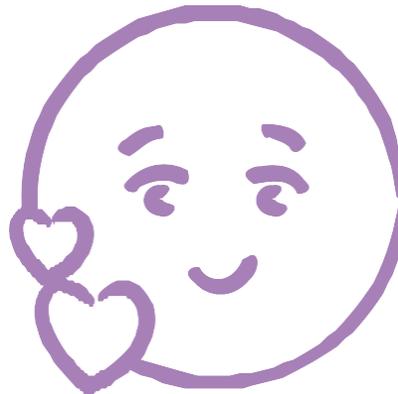




## How can we be better classmates?

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How can we support our autistic classmates?





## Learning Scenarios

### Scenario 1

A boy at school hardly talks and doesn't make eye contact. He stays on his own during playtime. He has tried to join in games before but his classmates laughed.



**How could you help?**



## Scenario 2

A young girl doesn't like eating in the lunch hall. She often gets very upset during lunch due to the noise levels and smells of food.



**How could you help?**



## Learning Scenarios

### Scenario 3

A child finds it difficult to sit and concentrate on the whiteboard in class. He starts to make noises and cover his ears with his hands.



How could you help?



## Learning Scenarios

### Scenario 4

During circle time, a child never joins in when it is their time to speak or get involved. They are frightened to say anything which makes them stay quiet.



**How could you help?**



For autism training, information and resources, visit:



[www.autismeducationtrust.org.uk](http://www.autismeducationtrust.org.uk) and

[www.autism.org.uk](http://www.autism.org.uk)



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Education  
Trust



Autistic  
Young  
Experts



National  
Autistic  
Society

Join us to share knowledge &  
acceptance during World  
Autism Acceptance Month 2025